

The Dance Inn

at a glance...



Thelma Goldberg, Director

THE DANCE INN

Founded in 1983, *The Dance Inn* enters its 24th season and offers quality dance education to young children, teenagers, and adults. From recreational dance classes to pre-professional level programs, The Dance Inn includes dancers of all ability levels in its mission to...

"SHARE THE JOY OF DANCE WITH OTHERS."



Our philosophy is to offer stimulating, fun and challenging lessons with the finest professional faculty in New England; to educate students and audiences about the rich traditions and artistry of dance; to inspire dancers of all levels to strive for excellence; and to build a community of people joined by their shared passion for dance. We emphasize rhythm-based instruction and our students are likely to be found singing, clapping and drumming the beats as well as dancing in joyous harmony.

We take great pride in our professional youth company, The Legacy Dancers, who are well-known for their energetic, uplifting performances and outstanding technical expertise. From its simple beginnings with 15 students to its current enrollment of 700 weekly students, The Dance Inn strives to offer the finest dance education possible.

Course Descriptions

Introduction to Dance I & II (3 - 4 y/o)

Our preschool program is teacher-directed and child-focused. Activities take into consideration a 3 yr. olds attention span and abilities while providing a safe and structured environment in which to explore the world of dance. Our 4 yr. program expands upon this curriculum with more songs, activities, props and skill-development. 4 yr. olds explore circles and lines, skipping and chassing, and are introduced to organized movement patterns. The emphasis is on having fun in dance class.

Kindergarten Dance

A program designed for young children to engage in simple, age-appropriate dance movements through structured, fun activities which promote musicality, coordination, body awareness, muscle strength and self-confidence. We explore movement and discover shapes, patterns, rhythms, locomotor movement and the forces behind a movement. Tumbling, singing and using varied props adds to the fun! Ballet shoes are worn for all activities.

Age: 5 or in Kindergarten

Tap

Whether learning the basics or advanced combinations, Tap is like playing a musical instrument with your feet. We take great pride in passing on the traditions of the great tap masters like Steve Condos, Honi Coles, Buster Brown, Brenda Bufalino and others. We emphasize good technique and strong musicality.

Age: 6 and up

**Check out the extensive adult offerings!*



Ballet

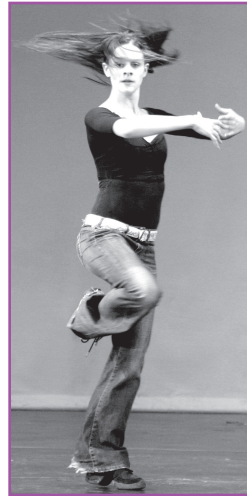
The beautiful grace and movement vocabulary of ballet is introduced in our preschool program and developed further in our combo curriculum. A separate ballet technique class is offered to our students participating in the Dance Technique Program and in the Legacy Dance Company.

Ages: 3 and up

Jazz

A form of dance that challenges the student to transform his/her body into a rhythm instrument. Short combinations taught each week culminate in a fun jazz routine! Each of our jazz faculty has a unique approach. Our styles and studies encompass Broadway, Modern, Funk, Lyrical and Jump Rhythm Jazz.

Ages: 6 to adult



Hip Hop

Combines the technique of jazz dance with the percussive quality of tap. An intense warm-up builds aerobic conditioning and the strength, flexibility and core abdominal strength required to do floor work and occasional "flash steps." Hip Hop combinations require precise, whole body rhythm making skills. These combinations gradually

become vigorous, upbeat dance routines. All Hip Hop III and IV students are encouraged to also take a jazz class.

Grades: 3 +



Special Programs

Combo Tap / Jazz / Ballet: Levels I - V

Dancers in grades 1 – 5 participate in a combination class which teaches tap, jazz and basic ballet. Since 1983, a unique and specific curriculum has been developed which trains young dancers with an emphasis on solid technique and joyful performance presentation. Each level builds upon the skills from the previous level. Different styles and traditions are covered each year so that the entire five year program introduces the young student to a large variety of dance styles and experiences, giving them a life-long appreciation for the benefits and joys of dance.

Teen Dance: Tap and Jazz

Grades 6 and up are offered the opportunity to take a course that focuses on just tap or just jazz. Four levels are offered. New students and novice dancers are always welcome. Placement questions should be directed to the office.

Sponsored Programs

The Dance Inn is proud to be a major sponsor of these community programs.

Tapestry, an INTERNATIONAL TAP DANCE DAY celebration is produced in Lexington in May. A Gala performance, master classes, and a "Talk with the Masters" are presented through Dance Inn Productions, Inc. All programming is open to the public. According to dance critic, Marsha Siegel of the Boston Phoenix, "A jovial mixture of professionals and students, affectionate tributes, set choreography and improvisation, jazz and rhythm in many styles, the Tapestry show is a true community event. It not only reflects the way Tap has survived through inclusiveness and adaptability, it actually puts that process on display."

Master Series Workshops - Exciting weekend dance programs are scheduled throughout the year with master teachers in jazz, hip hop and tap. Recent guest instructors have included Brenda Bufalino, Billy Siegenfeld, and Jimmy Locust.

LEGACY DANCE COMPANY

A pre-professional training program for middle & high school dance students who are committed to achieving excellence in dance through rigorous study and performance. Started in 1989, the Legacy Dancers perform several times a year in local community, charitable and private events as well as in professional showcases, such as their recent performances at the Joyce Theatre in NYC as part of the NYC Tap Festival. They study weekly with the finest master teachers in the Boston area. Placement is by auditions that are held in the spring & fall. Legacy dancers participate in a back-to-school training program in early September and frequently perform outside of Massachusetts in early July. Participation in summer and outside dance experiences is required.



DANCE TECHNIQUE PROGRAM



A jumping off point for young dancers aged 8+ who have mastered level 3 work in tap and jazz and desire more serious study and performance opportunities. In addition to their continued tap and jazz studies, students take Production and Ballet Technique classes on Saturdays, and perform in the annual Legacy Holiday Concert. In April, they lead Lexington's annual Patriot's Day Parade.

ABOUT TIME TAPPERS

...is the adult performing company of The Dance Inn. These dancers range in age from 23 – 84 and perform classic tap choreography under the direction of Thelma Goldberg. They attend two classes per week to improve technique and rehearse choreography. Rehearsal classes generally begin 6 - 8 weeks before a performance. If you are interested in participating in this fun performance program, please contact the studio for the class schedule.



Adult Classes

We offer a variety of classes for adults. Check our schedule for current offerings.



Pilates

A mat conditioning class designed to strengthen and elongate muscles with an emphasis on abdominal strength, full body control, greater efficiency of movement, and flexibility. Pilates firms the body and creates a sleek physique. Class is presented with modifications and several degrees of difficulty so that all fitness levels can attend.

Class Cards for Adults Only

Adult classes are paid for on a class-card system that accommodate your schedule and availability. Cards are kept at the studio and can be purchased anytime. Class cards expire 4 months from the date of purchase, so please check with the studio regularly for class schedules.

Studio Policies

TUITION

Our Fall/Winter program is payable in two installments: 50% by August 15 and 50% by December 15. A discount of \$20 is offered to those who make one full tuition payment by August 15. Please submit written requests for alternate payment plans. A service fee of \$20 will be charged for returned checks. All checks should be made payable to The Dance Inn, Inc. For returning students: please include the student account number. Our Spring program is payable in full prior to the first class.

REFUNDS

Tuition refunds are available for students who withdraw BEFORE the 5th class of the Fall/Winter season, and have submitted written notification to The Dance Inn by this time. \$30 class deposit and class fees are non-refundable. No refunds or credits permitted after this deadline.

DISCOUNTS

Two children enrolled: \$20 off combined tuition. Three children: \$30 off, etc. The youngest child's tuition statement reflects the family discount.

NON-PAYMENT

Non-compliance of the agreed upon payment schedule will regretfully result in the termination of a student's enrollment.

COSTUMES

Each student must make a costume deposit by Nov. 15. The total cost per costume usually totals \$40-\$75. Costume statements are mailed with the Recital Packet and reflect the outstanding balance, which is due in March. The Dance Inn must be notified before November 15 if the student will not be performing in the recital, otherwise the parent/guardian is responsible for purchasing the costume. (See Recital info.)

OBSERVATION

Parents are invited to special observation classes twice during the dance season. The first observation is in the late fall and the second coincides with costume distribution week, which is usually 2-3 weeks prior to the recital. Preschool parents are encouraged to attend the first class of the year. Observation day for the spring program is the last class of the session.

WEATHER

Call The Dance Inn to listen for the voice message for cancellations. Generally, the studio follows the Lexington Public School calendar and snow day policy, but there are exceptions. For example, we will hold classes in the afternoon and evening on days when the roads have been cleared of snow by noon. In addition, there are classes during February school vacation week.

HOLIDAYS

A detailed calendar for the dance season is distributed in September.

RECITAL

Performing is a natural result of dance study and an important step in growth as a dancer. The Dance Inn holds its annual production in early Spring. The focus is on fun and pride in doing one's best! Students will be notified in the Fall of the exact dates, which depend on auditorium availability. Each year we hold three or four performances. Every attempt is made to place siblings in the same performance. In order for a dancer to participate in the dress rehearsal and/or recital a costume must be purchased. If you do not

intend to perform in the recital you must notify The Dance Inn before November 15 (Costumes). Otherwise, students are required to purchase the costume. Performance designations are made in November, at which time a costume deposit of \$30 per student is required. Seating is reserved and tickets may be ordered in advance. All tuition/costume balances must be paid in full prior to purchasing tickets.

DANCE SEASON

Fall/Winter (Sept.-April)
Starts after Labor Day and ends in mid-April before the spring school vacation week. Approximately 65 weekly courses are offered.

Spring (April - June)
Spring session starts the week after Lexington's school spring vacation in April and continues until school ends in June. Approximately 30 courses are offered. Enrollment begins in March.

Summer (July - August)
Our summer program includes a variety of unique dance sessions, catering to a wide range of ages and abilities.

ATTENDANCE

Weekly attendance is necessary to provide the reinforcement and continuity of instruction needed to teach an individual the coordinated skills of a dancer. Poor attendance affects the entire class. Three or more absences in the winter months may result in withdrawal from the recital. Extended absences should be discussed with your child's teacher.

MAKE-UP CLASS

A student may attend any other class of the same designation to make up a missed class or for extra help. After January, it is only possible to offer make-up classes for groups performing the same dance routine in the recital. This schedule is posted in January.

ETIQUETTE

Behavioral expectations are clearly defined in an information sheet distributed at the first class. The Dance Inn is an environment that promotes respect and self-discipline. Please read these expectations with your dancer. Dancers who are disrespectful will not be permitted to complete their studies at The Dance Inn.

ATTIRE

JAZZ, TAP & BALLET

Female students aged 3-18 must wear a leotard, tights or dance pants and appropriate dance shoes. Hair must be off the face if it's long. No specific leotard color or style is required for tap, jazz or pre-school classes but please, do not wear attached tutu skirts or pants below the ankle. If skirts are worn, they must not hang below the knee. Dance Technique students require standard ballet attire of black leotard, pink tights and pink ballet slippers. Male students aged 3-18 wear white or black t-shirts and black shorts or dance pants.

HIP HOP

Tops for female students can be camisoles or tank tops (any color), must be form-fitting, supportive, full-coverage and long enough to cover top of pants. Leotards are welcome. Tops for male students can be any color fitted t-shirt. Tops for all students must not have inappropriate graphics (teacher's discretion). Pants (for both female and male students) can be jazz pants or capris. All hip hop students must wear soft kneepads for safety when doing floor-work.

shoe Information



Please label your shoes with the dancer's name on either the inside or underside of the sole of each shoe. *Used shoes* are on sale at the studio during The Dance Inn Open Houses held in September and April.

BALLET

All classes (including Pre-school): **Pink ballet slippers**
Boys: **Black ballet slippers**

TAP

Grade 1-2, Grade 3 (Level 2 w/ 2nd gr. only): **White tap shoes**
Grade 3-5 (Level 1, 3 - 5 only): **Beige Bloch tap shoes**
Grade 6-12 (Level A-D): **Black Bloch tap shoes**
Boys (All grades): **Black tap shoes** (not patent leather)
(Tap shoes for grade 3+ must have full, hard soles.)
Adult: **Black tap shoes**

JAZZ

All: Black jazz shoes

HIP HOP

All: **Black Hip Hop Sneakers.** (Preferably Bloch suede low tops.)

- If in doubt about color of any shoe, please call the studio.
- Sometimes it is necessary to change the color of a shoe to fit the costume "look" for performances. If so, due notice will be given.

PLEASE LABEL YOUR BELONGINGS!

Administrative Staff

Artistic Director.....	Thelma Goldberg
Office Manager.....	Kristen Duffany
Event Coordinator.....	Deborah Jackson
Account Manager.....	Kyle James
Legacy Manager.....	Robin Sol
Legacy Costume Coordinator.....	Janet Center
Hip Hop Coordinator.....	Sheila Brotherston

Registration

To ensure quality dance training, our class size is limited to 14 students in most classes and enrollment is on a first-come, first-served basis. Placement is based on age, ability, and the recommendation of the faculty.

NEW STUDENTS

Students registering for the first time are required to complete a registration form and pay a one-time, non-refundable, non-transferable \$25 registration fee. A deposit of \$30 per student (refundable up to July 1) is required to reserve a space. Registration for September classes begins in May. The age eligibility date for classes is September 1. (Please check with the office if you have questions.)



RETURNING STUDENTS

Recommendations for placement are made for these students within 2 weeks after the spring recital. A deposit of \$30 per student (refundable up to June 1) is required to reserve a spot. Returning students are given first priority for registration and placement in classes.



The Dance Inn Faculty **Thelma Larkin Goldberg, Director**



...opened The Dance Inn in 1983 in the dining room of her house. Her early dance training was in Cambridge with Grace Bates and Joan O'Brien. She taught dance while earning her B.S. Ed. from Lesley College and then taught special needs students in Boston while earning her M.S. Sp.Ed. from Regis College. In addition to being the Artistic Director and Tap Coach of the Legacy Dancers, Thelma is on the faculty of the *Boston Conservatory of Dance* and has been on the faculty of the *NYC Tap Festival* since 2002. She is the Coordinator of the Pre-Professional Program of the *NYC Tap Festival*. She continues to study with master teachers and is an active participant at numerous Tap and

Jazz festivals. Thelma is Executive Director of Dance Inn Productions, Inc., a non-profit organization whose mission is to pass on the artistry and traditions of dance. Through Dance Inn Productions, she annually produces an International Tap Dance Day celebration in May, a JRJP Institute in August and numerous workshops with master teachers.

Sheila Brotherston

...received her BFA from Emerson College and studied dance with Tracy Tedesco. She has had experience with the Boston Children's Theater, where she was a performer and teacher. She was choreographer for *Oliver* and *The Wizard of Oz*. Sheila studies regularly with Hip Hop master teachers, such as Brian Friedman and Jimmy Locust. In addition to teaching, Sheila is the Hip-Hop Coordinator for The Dance Inn.

Meghan Coleman

...is a former member of the Legacy Dance Company. She went on to explore dance at Emerson College, studying under Marlena Yannetti, Nicole Pierce, and Julia Boynton. Performance highlights include the Experimental Dance Concert, the Evvy's, and the Emerson College Dance Concert at Boston's Majestic Theater. In 2002 she graduated with a BA in Writing/Literature and a Minor in Dance. In 2002, she performed with Josh Hilberman for *Rhythm at the Regent* and was a guest performer in the Verhoff/LoTurco Danceworks production of *Back and Forth*.

Melanie Cox

...is a graduate of Oklahoma City University where she received her BPA in dance. At OCU she was trained by some of the great dance and tap artists alive today. Since

then, she has taught at various institutions and has choreographed for Middlesex School Summer Arts, a program dedicated to developing young artists. Melanie has performed with the New Jersey Tap Ensemble at the Apollo Theater under the direction of Deborah Mitchell. Melanie resides in Canton with her husband and children.

Crystal D'Abbraccio

...began dancing at The Dance Inn when she was 6 years old. She was an original Legacy Dancer and after graduating went on to coach the company and teach classes at The Dance Inn. She is a certified massage therapist, and a proud parent of two young children. Crystal specializes in our young dancers program, teaching classes to 3 year-olds through second graders.

Chuck Frates

...took his first formal tap class at age 43 and hasn't stopped dancing since. Among his performances he has played: Jesus in Godspell and George M. Cohan in George M. He is writer, director and choreographer of many stage productions for the Bicentennial Musical Celebration in Harwich, Massachusetts. Chuck is currently studying with Valery Marcantonio, Jamie Sherman and Thelma Goldberg in Lexington, Mass.

Linda Fredericks, B.S.

... is an Exercise Physiologist, certified in both Aerobic Dance and Pilates. Linda graduated from the University of Massachusetts Lowell in 1993 where she studied Exercise Physiology, Health, and Nutrition. She has been working as a dance and fitness instructor for 16 years and has taught a variety of movement classes throughout the Greater Boston area.

Sybil Huggins

...has many years of experience teaching throughout Boston and at the Jeannette Neill Studio. She has studied with Tap masters Leon Collins and Dianne Walker, and is a regular participant at dance festivals held in Boston. She started her own hip-hop company, *The Vibrant Thangs*. In addition to teaching hip-hop, she teaches Stephouse Tap, a style that combines the rhythms of JazzTap with the bounce of hip-hop and the beat of step dancing.

Kelly Kaleta

...has been dancing since the age of 6. While attending Boston University, she began teaching in the Boston area and throughout Massachusetts. Her students have won many regional and national awards, and participated in the World Dance Championships in Germany in 2004. She has had the opportunity to choreograph for the Legacy Dancers since 2001. She was a 2001 cast member of the Christmas show *Clara's Dream: A Jazz Nutcracker* starring Brenda Buffalino, Josh Hilberman, and Drika Overton. She is also a performer and choreographer for Gil Stroming's off-Broadway production, *Break the Floor*.

Christina Leonard

...has been dancing for 19 years and has extensive training in ballet, pointe, tap, and jazz. She spent six years dancing with Melrose Youth Ballet as both a soloist and a member of the corps de ballet. She taught dance while earning her B.S. in Journalism at Boston University, and continues to attend master classes in and around Cambridge. She has been an active member of The Dance Teacher's Club of Boston since 2001, and regularly attends meetings and conventions. Christina is also a dance instructor and Assistant Director of Center Stage Dance Studio in Melrose.

Rebecca Robichaud

...is a former Rockette and Dance Captain of the Barnum & Bailey Circus. She began teaching at The Dance Inn in 1986 and shortly thereafter, started the Legacy Dance Company with Thelma. She has directed and choreographed numerous productions and serves as a special production assistant for the Legacy Dance Company. Becky recently performed in *Crazy for You* with the Reagle Players in Waltham.

Robin Sol

...has been with The Dance Inn since it first opened in her living room. In addition to her training at The Dance Inn, Robin has been strongly influenced by Joan O'Brien, Billy Siegenfeld, Jeannie Hill, Michelle Chasse, Jimmy Locust and other master teachers. She danced with the original Legacy Dance Company and was captain from 1996-1997. Robin has performed with the Reagle Players, Ballet Theatre of Boston, Rainbow Tribe, Jeannette Neill Repertory Shows and Reebok. In 2001, she graduated from UMass Boston with a BS in Exercise Physiology. She and her husband, Erik Sol, traveled across the United States working on the NO WAR Project for non-violence. The trek was completed in the summer of 2004. Robin currently manages the Legacy Dance Company in addition to teaching all levels and disciplines of dance.

Molly Wheat

...has been teaching ballet since 2000. She received her training at Jose' Mateo's Ballet Theatre in Cambridge, Massachusetts. In 1992, she graduated from their Young Dancer's Program, joined the company as an apprentice, and was soon promoted to the company with whom she performed until 2002. During that time she accepted a faculty position at the affiliated school. Molly has taught ballet at *LaPierre School of Dance*, *Jeannette Neill Dance Studio*, and *The Boston Conservatory*.

Where to see us Dance

- Making Strides Against Breast Cancer
- Annual Legacy Holiday Concert
- Regent Theatre Family Fun Saturdays
- Annual Recitals
- Special Olympics Opening Ceremonies

- Lexington's Patriot's Day Parade
- Tapestry
- Lexington's Discovery Day
- Genesis Battlegreen Run
- NYC Tap Festival



Legacy Dancers w/ Josh Hilberman & Thelma Goldberg. Feelin' the Beat, 2003

The Dance Inn
Munroe Center for the Arts
1403 Massachusetts Ave.
Lexington, MA 02420

The Dance Inn
Regent Theatre
7 Medford St.
Arlington, MA 02474

Our two locations are located in downtown Lexington and Arlington, and are conveniently accessible by public transportation. For directions and more information please contact us by phone, or visit our website.

Contact Us...

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www.thedanceinn.com